

12 Januari 2025

To: Editor-in-Chief

Jurdimas (Jurnal Pengabdian Kepada Masyarakat) Royal

Dear editor,

We hereby enclose our manuscript entitled “Counseling and Training to Improve the Level of Dental and Oral Health at SMP Taman Siswa Belawan Medan (Penyuluhan dan Pelatihan Untuk Meningkatkan Derajat Kesehatan Gigi dan Mulut di SMP Taman Siswa Belawan Medan)”, which we ask can be considered for publication as a Community Service Journal in Jurdimas: Jurnal Pengabdian Kepada Masyarakat Royal.

Oral and dental health is very important because damaged and untreated teeth and gums can cause pain, difficulty chewing, and other health problems. Many cavities, gingivitis, and periodontitis require immediate treatment but are preventable. An indicator of community dental care behavior in maintaining oral and dental health is the variable of brushing teeth which is the main recommended preventive measure. The importance of education related to maintaining oral and dental health, which is provided continuously, will produce good results. Prevention and promotion of oral and dental health must be carried out as early as possible to prevent dental problems. Habits and lifestyles formed at a young age will last longer because the messages they receive can be further reinforced while they are in school.

The Community Service Program conducted at SMP Taman Siswa Belawan Medan for two visits through training and counseling has succeeded in achieving its goal of improving the level of dental and oral health. The evaluation results showed an increase in the percentage of knowledge levels in students and teachers, especially related to maintaining dental and oral health. periodontal tissue, types of intraoral radiography and counseling on proper tooth brushing. The positive results of this training and counseling can be an effective solution to improve the level of dental and oral health in other schools.

This manuscript is truly an original work and does not contain any elements of plagiarism. We believe that this manuscript is relevant to the scope of Jurdimas (Jurnal Pengabdian Kepada Masyarakat) Royal and will be of interest to its readers.

We look forward to hearing from you as soon as possible.

Best regards,

Cek Dara Manja

Faculty of Dentistry

Universitas Sumatera Utara-Indonesia